

## BREAKFAST Served until 12pm

**BLOODY MARY** Stolichnaya vodka & Big Tom spiced tomato juice £7.95

**BROMPTON FOOD MARKET FULL BREAKFAST** £11.95

Scrambled eggs, bacon, smashed avocado, roasted field mushrooms, cherry tomatoes & sourdough toast  
(Substitute bacon for halloumi for vegetarian option)

**HOMEMADE JALAPENO CORNBREAD** £10.75

With grilled chorizo, fried egg, avocado, sour cream, dehydrated tomato & lime, coriander & siracha mayo.

**SCRAMBLED EGGS & SMOKED SALMON OR BACON** £8.95

Served with sourdough toast

**CHORIZO BREAKFAST BAP** £9.50

Pan fried chorizo, avocado, bull's heart tomato, a fried egg, coriander cress & garlic aioli in a toasted brioche bun

**SAUTEED MUSHROOMS ON SOURDOUGH** £7.95

With a fried egg & aged parmesan

**HOMEMADE TOASTED BANANA BREAD** £8.95

With whipped honey mascarpone, mixed berries & banana

**SMASHED AVOCADO ON PUMPERNICKEL** £8.75

With lime, coriander & chilli, toasted seeds, vine cherry tomatoes & crispy dehydrated tomato  
Add grilled halloumi (+£2.50) or smoked salmon (+£4.50)

**FRENCH TOAST WITH MAPLE SYRUP** £7.95

Add fresh berries & mascarpone +£3.25  
Add bacon +£2.50  
Add banana & mascarpone £2.50

**HOMEMADE GRANOLA & NATURAL YOGHURT** £8.95

With passion fruit, toasted coconut and mango compote.  
Coconut yoghurt instead of natural +£2.00

### BRUNCH EXTRAS

Grilled halloumi	£2.50	Sliced avocado	£2.50
Woodland mushrooms	£1.95	Toasted seeds	£1.25
Toasted sourdough	£1.95	Toast, butter & jam	£3.95
Smoked streaky bacon	£2.50	Smoked salmon	£4.50
Fried/scrambled eggs	£2.50		

Gluten free bread is available on all menu items for an extra £2.

## LUNCH Served until 4pm

### TO GET STARTED

Aperol Spritz £8.50 // Glass of Prosecco £7.50 // Olives £4.95 // Olive oil, bread & dukkah £3.95 // Hummus & pitta £4.50 // Salami stick £3.95

**RARE ROAST BEEF SANDWICH** £13.95

With homemade chimichuri, fried onions & garlic mayo served on toasted ciabatta with crisps

**SATAY CHICKEN BURGER** £12.95

With tamari & lime coleslaw, satay sauce, coriander & butter lettuce on a brioche bun. Served with chilli rice crackers

**ROAST SALMON SALAD** £12.95

With new potatoes, radish, cucumber, sourdough croutons & lemon and caper mayo

**KOREAN BEEF BRISKET BUN** £12.95

In a brioche bun with Korean sauce. Served with lime & coriander mayo coleslaw and homemade kimchi

**BURRATA & TOMATO SALAD** £10.95

With pesto dressing & grilled ciabatta

**HUMMUS PLATTER (v)** £10.25

Homemade hummus, Belazu olives, crudites & toasted pitta

**HONEY ROAST HAM & CHEDDAR SANDWICH** £9.25

With Dijon mustard & leaves. Served with apple and pickled onion

**TRIPLE CHEESE TOASTIE** £10.25

Montgomery Cheddar, Comté, Gubbeen, garlic and red onion on sourdough. Served with a dressed garden salad

**MIXED SALAD PLATE** £11.75

Choose 4 salads from our deli counter. Add ham £3.00 // Halloumi £2.50 // Smoked Salmon £4.50 // Roast Beef £4.00

**MIXED BEAN CHILLI BOWL (v)** £10.50

With avocado, sweetcorn, coriander & spring onion salsa & homemade corn tortilla chips

**SMASHED AVOCADO ON PUMPERNICKEL (v)** £8.75

With lime, coriander & chilli, toasted seeds, vine cherry tomatoes & crispy dehydrated tomato  
Add grilled halloumi (+£2.50) or smoked salmon (+£4.50)

**HOMEMADE FRITTATA** £8.65

Served with a choice of two salads from the counter

**HOMEMADE SAUSAGE ROLL** £8.65

Served with piccalilli & a choice of two salads from the counter

Salad portion from our deli counter £3.00  
Green side salad £2.25 // Bread / Pitta £1.50

## HOMEMADE CAKES

Please ask us what's available today. Add ice cream for £2.00  
(DF: dairy free // GF: gluten free // SF: sugar free)

**SALTED CARAMEL BROWNIE** £3.50

**FRIAND (Ask us for flavours) (GF, DF)** £3.50

**BANANA & WALNUT LOAF** £3.00

**LEMON & ALMOND DRIZZLE LOAF (GF, DF)** £3.65

**MUFFIN (Ask us for flavours)** £3.50

**COFFEE AND WALNUT CAKE** £4.75

**GRANOLA BAR (GF)** £3.50

**COCONUT & BLUEBERRY CAKE (SF, GF, DF)** £3.95

**SPICED CARROT & PECAN CAKE** £4.75

**CHOCOLATE & GUINNESS CAKE** £4.75

**LEMON & POPPY SEED CAKE (weekends only)** £3.30

**PECAN PIE (weekends only)** £3.95

**NEW YORK CHEESECAKE (weekends only)** £5.25

**PISTACHIO & BLUEBERRY CAKE (SF, GF, DF) (weekends)** £3.50

### IMPORTANT ALLERGEN INFORMATION

We handle peanuts in our kitchen and cannot guarantee that our dishes are completely peanut free. Not all the ingredients in each dish are listed on this menu so if you have any food intolerance or allergies or require any allergen advice, please ask any of our staff.